



## March 3, 2021 Seminar Day

Location: Zoom

Regional Topic: Substance Abuse / Mental Health

Leadership Topic: Emotional Intelligence

8:30-9:00	Welcome & Good News
9:00-10:15	<p><b>Substance Use Disorder</b></p> <ul style="list-style-type: none"> <li>• Gabriella Caldwell-Miller, '13, Division Director, Behavioral Health &amp; Wellness, Hanover County</li> <li>• Julie Karr, Opioid Coordinator, Richmond City &amp; Henrico County Health Districts</li> <li>• Honesty Liller, CEO, The McShin Foundation</li> <li>• Sarah Scarbrough, Director and Founder, REAL LIFE</li> </ul>
10:15-10:30	Break
10:30-12:00	<p><b>Emotional Intelligence</b></p> <p>Facilitated by <i>Nick Kessler, The Jennings Group</i></p>
12:00-1:00	<b>Lunch</b>
1:00-2:00	<p><b>Trauma &amp; ACES (Adverse Childhood Experience Study)</b></p> <p>Facilitated by <i>Allison Sampson-Jackson, Mental Health Clinician, Thriveworks</i></p>
2:00-2:30	<b>Small Group Debrief</b>
2:30-2:45	Break
2:45-4:55	<p><b>Immersion Team Collaboration Activity</b></p> <ul style="list-style-type: none"> <li>• Each team spends 15 minutes creating a brief summary of its progress to date (progress can mean a description of your process, e.g., whom you decided to interview and why; whom you decided not to interview and why; or progress can mean any conclusions your team is reaching or opportunities for innovation your team is finding).</li> <li>• Each team selects a spokesperson and a recorder to visit the other teams. Through rounds of 15 minutes each, each spokesperson will deliver his/her team's summary to every other team, as the recorder takes notes on the response to each summary. For example, a spokesperson and a recorder from the transportation team will visit every other group; a spokesperson and recorder from the healthcare team will visit every other group, etc.</li> <li>• By the end of the activity, each team will have heard what each other team is working on and each team will receive feedback on their work to date.</li> </ul>
4:55-5:00	Complete evaluations