

LMR Class of 2021 Mid-Year Retreat – January 8-9, 2021

Virtual Meeting via Zoom

Retreat Objectives:

- Continue to build substantive connections to colleagues
- Reflect on the ways lived experiences inform the framing of social problems and development of solutions
- Understand the ways lived experiences may influence individual leadership behaviors and decisions

Friday, January 8	
11:00 – Noon	<p>Power of Words - Group Building Activity</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Identify words/phrases that are triggering in our community • Explore and understand context surrounding controversial words/phrases • Identify alternative expressions as well as resources for further research
Noon – 1:00	Lunch
1:00 – 2:45	<p>Improv Workshop</p> <p>Facilitated by:</p> <ul style="list-style-type: none"> • <i>Elizabeth Byland, Head of Improv Performance & Applied Improv, VCU</i> • <i>Dave Gau, Executive Director, Yes Balloon (CSz Richmond)</i> • <i>Bob Nickles, Teaching Staff, Coalition Theater</i> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Strengthen ability to communicate effectively in times of ambiguity • Gain a better sense of self through analysis of both conscious and subconscious reactions • Learn tools for active listening, trust building, and collaboration
2:45– 3:00	Break
3:00 – 5:30	<p>Exploring the Value of Perspectives</p> <p>Facilitated by:</p> <ul style="list-style-type: none"> • <i>Christina Bullock, Manager, Diversity & Inclusion, CarMax</i> • <i>Suzanne Cardwell, Chief Diversity & Inclusion Officer, CarMax</i> • <i>Melodie Thigpen '16, Principal, Melodie Thigpen Consulting</i> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Expanded understanding of what diversity and inclusion is • Continue development of your own personal diversity journey • Gain insight into how to leverage diversity to further your community leadership and collaborative efforts

Saturday, January 9	
8:30 – 9:50	<p>Exploring Ethics and Worldviews</p> <p>Facilitated by: <i>Haywood Spangler '10, Principal, Work & Think LLC</i></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Make substantive connections to class members by sharing values, ethics and worldviews • Understand how values and worldviews inform conceptions of justice, fairness and sound community-wide decision making
9:50 – 10:00	Break
10:00 -10:30	<p>Personal Choice & Systemic Barriers</p> <p>Questions for consideration:</p> <ul style="list-style-type: none"> • Can you provide examples of when personal choice can overcome systemic barriers? • Can you provide examples of when systemic barriers can inhibit personal choice? • How do we best recognize and navigate the coexistence of personal choice and systemic barriers in order to strengthen our communities?
10:30 -10:45	Servant Leadership Discussion
10:45 -11:00	Evaluations