



## Class of 2022 March 16 Seminar Day

**Topic: Mental Health**  
Virtual meeting via Zoom

**Objectives: Gain a deeper understanding of...**

- How chronic and complex forms of trauma affect both children and adults;
- How to respond to others who are experiencing the effects of trauma;
- How to lead amid trauma and the community resources that are available;
- The intersecting equity issues that exist in mental health.

9:00 – 9:10 am	<b>Welcome, Good News, and Announcements</b> <i>Cathy Buckenmaier, Programs &amp; Events Manager, LMR</i> <i>Gena Reeder, Board Engagement Manager, LMR</i>
9:10 – 10:30 am	<b>Trauma and ACEs</b> <i>Allison Jackson-Dyer, PhD, LCSW, CEO and Founder,</i> <i>Integration Solutions</i>
10:30 – 10:45 am	<b>Break</b>
10:45 am – 12:15 pm	<b>Panel Discussion: Mental Health</b> <i>Jeanine Harper ('02), Executive Director, Greater Richmond SCAN</i> <i>Gabriella Caldwell-Miller, PhD, LPC ('13), Div. Director, Behavioral</i> <i>Health/Wellness, Hanover County Community Services Board (CSB)</i> <i>Robert Bolling ('05), CEO, ChildSavers</i>
12:15 – 12:25 pm	<b>Break</b>
12:25 – 12:45 pm	<b>Small Group Discussions</b>
12:45 – 1:00 pm	<b>Debrief and Evaluations</b>

**REMINDER:** Our next seminar will be on **Wednesday, April 20** at the Greater Richmond Convention Center, downtown. **Please note** that this is a location change.