



LQ2023 SEMINAR DAY

October 5, 2022 at Dorey Park Recreation Center

OBJECTIVES

- Learn the basics of how polarities work and how they can yield insights into community issues.
- Identify some of the tensions in your own experience and learn techniques to use whenever you are faced with competing values.
- Connect with and learn more about fellow Immersion Team members.
- Understand the value of diverse teams in identifying problems and ideating about complex issues.

TIME	SESSION
9:00 – 9:15	WELCOME / GOOD NEWS / SITE HISTORY
9:15 – 11:45	POLARITY MANAGEMENT Ann Deaton, PhD, PCC (LMR '13) Managing Partner, The Bounce Collective
11:45 – 12:45	LUNCH
12:45 – 2:15	PERSPECTIVES: THE IMMERSION EXPERIENCE Healthy Communities Immersion Team, LQ Class of 2022
2:15 – 2:30	BREAK
2:30 – 3:30	BIRDS OF DIFFERENT FEATHERS Vikki Keszezy (LMR '18), Acting CEO / Director of Operations, LMR
3:30 – 3:45	BREAK
3:45 – 4:45	BEGINNING THE IMMERSION JOURNEY
4:45 – 5:00	EVALUATIONS AND CLOSING